

ABSTRACT

Disclosed herein are methods of preventing or treating a disease or adverse condition affecting the gastrointestinal tract of a mammal. These
5 methods comprise orally administering to a mammal a therapeutically effective amount of a prodrug of a proton pump inhibitor. An effective amount of a trefoil family factor peptide, mucoadhesive agent, or a combination thereof is also administered to the mammal. Other methods of preventing or treating a disease or adverse condition are also disclosed herein.